

ISRH 2026 Conference

Seinäjoki Visitor's Information



General information

Welcome to Finland and in Seinäjoki!

Here is some practical information to ensure your stay in Seinäjoki and Finland is comfortable. Please check out also the **Info Finland** site where you can find more information about Finland: [InfoFinland - Home](#)

Currency: Euros €. It is highly recommended to inform your bank before traveling internationally to prevent your cards from being blocked due to suspicious activity. Notifying them ensures uninterrupted access to your funds and helps with fraud prevention. This can usually be done via your banking app, online, or by calling customer service.

Language: Finnish people have generally good English skills.

SIM Cards and data roaming: You do not need to enable traditional, expensive data roaming when traveling abroad, as it can cause an increase in your phone bill costs. Instead, you should deactivate data roaming upon arrival and opt for cheaper alternatives like local SIM cards, travel eSIMs or international, pre-arranged roaming packages from your provider.

Weather during September: The autumn season may start pleasantly crisp and cool, but September can also get quite wet. You can expect cloudy skies and rain some of the time but also charming and cool sunny days. Overall, it's time to start dressing warmly. Average daytime highs are around 14°C to 16°C (57°F–59°F), dropping to 7°C–9°C (44°F–48°F) at night.

Electricity: European two-pin plugs.



The City of Seinäjoki

Seinäjoki is a vibrant city in the heart of South Ostrobothnia, known for its bold spirit, rich culture, and stunning architecture. The buildings designed by Alvar Aalto, such as Lakeuden Risti and the Aalto Centre, make the city a dream destination for architecture lovers.

Seinäjoki is also a top-class event city – it hosts some of Finland's largest festivals. Nature and outdoor activities are always close by; for example, the Kyrkösjärvi area offers excellent year-round recreation opportunities. Seinäjoki is the perfect mix of urban energy and warm Ostrobothnian hospitality – come and experience it for yourself!

Read more:

- [Visit Seinäjoki - A City of Events - Visit Seinäjoki](#)
- [Municipalities in Seinäjoki region - Visit Seinäjoki](#)
- [Frontpage | City of Seinäjoki](#)



Getting to Seinäjoki

Seinäjoki is easy to reach from Helsinki and other parts of Finland. There are great train connections to Seinäjoki. When coming from Helsinki you can use the long-distance trains to get to Seinäjoki. Travel-time from Helsinki Airport to Seinäjoki is approximately 3h. If you come from Helsinki Airport, you can take the airport train (I and P commuter trains) and change trains in Tikkurila station to get to Seinäjoki.

The train stations address in Seinäjoki is Ruukintie 2. You can look at the train schedules and book your ticket [here \(Opens in a new tab\)](#). More about the airport train: [Get to the airport by train - VR \(Opens in a new tab\)](#)



ISRH conference venue



The conference is held in Rytmikorjaamo, right beside Seinäjoki city center. The conference is held on-site only.

Rytmikorjaamo is a nationally renowned live music and culture club run by the Seinäjoki Live Music Association. As the most versatile and vibrant venue in South Ostrobothnia, it hosts top Finnish and international artists and is also ideal for private and corporate events.

Address: Vaasantie 11, 60100 Seinäjoki, Finland. [Google maps \(link opens in new window\)](#)

Accessibility: The venue is a wheelchair-friendly environment and has an accessible toilet.



Accommodation

We are pleased to inform you that special room rates have been arranged for ISRH conference 2026 attendees at selected hotels in Seinäjoki, Finland. To take advantage of these discounted rates, please follow the instructions below:

1. Reservations must be made directly through the hotel's booking page using the dedicated conference link or code (found below).
2. The discounted rates are available only until the reservation deadline of every hotel separately after which standard rates will apply. Prices are valid 20.-25.9.2026 in case you want to stay day or two pass the conference dates.
3. Availability is limited, so we encourage you to secure your accommodation as early as possible.
4. Transportation will be arranged from hotels to venue every morning and after programme ends. Detailed information is found in hotels and programme.

Hotel	Discount	Location
Hotel Alma Hotel in the City Centre next to Railway Station - Hotelli Alma, Seinäjoki	15% discount on the daily rate, and the discount would apply to all room categories. Using code ISRH26 to book rooms on our website, by email, or by phone. The code is already valid and will remain, so until the end of September, as long as availability permits. The code can be used to make reservations for the period September 20–26, 2026.	Right next to railway station, distance to venue is 1,9km.
Original Sokos Hotel Lakeus Original Sokos Hotel Lakeus Hotels Seinäjoki - sokshotels.fi	Single standard room €135/night/room Double standard room €157/night/room The hotel also offers superior rooms with sauna for an additional €20. The price offer is valid for reservations made up to two weeks before the date of arrival, i.e. until September 7, 2026, depending on hotel availability. After that, the price will be the daily rate valid on that day. Reservation code: BISRH. Online reservations: www.sokshotels.fi/seinajoki/lakeus or directly from the hotel: tel. 010 7648 000 / email. lakeus.seinajoki@sokshotels.fi	Seinäjoki Coty Centre, distance to venue is 2,4km

<p>Hotel Scandic Stay at Scandic Seinäjoki Hotel in Seinäjoki</p>	<p>Room reservations can be made easily through the following link using the reservation code CGRO. Through this link, you can directly see prices and book a room at the discounted rate: https://www.scandichotels.fi/?bookingcode=CGRO Guests may choose their preferred room type and receive an additional discount if the reservation is paid at the time of booking. The cancellation policy for each reservation depends on the type of booking selected. To confirm the reservation, guests must provide the hotel with valid credit card details. Rooms can be booked according to the hotel's availability no later than 10 days prior to arrival.</p>	<p>Seinäjoki City Centre, distance to venue is 2km</p>
<p>Hostel Bjorkenheim</p>	<p>A unique accommodation in old hospital district area at the heart of Seinäjoki's beautiful historic cultural environment. Booking and more information: https://www.hostelbjorkenheim.fi/en/</p>	<p>The distance to Rytmikorjaamo venue is 4,1km.</p>

Should you have any questions regarding accommodation, please contact the hotel or hostel directly. We look forward to welcoming you to the conference!



Emergency Contacts

The emergency number in Finland is 112. Call the emergency number in case of emergencies where life, health, property, or the environment is in danger.

[Emergencies and emergency services](#). Seinäjoki has one hospital (Hanneksenrinne 7, 60220 Seinäjoki). Distance from conference venue is 4,3km



Contacts Us

If you have any questions or require additional information about the conference, please do not hesitate to contact admin@isrh.org. Local matters and practicalities during your stay in Finland and Seinäjoki you can contact University of Helsinki Ruralia Institute's Service coordinator Heidi Åkerman heidi.akerman@helsinki.fi +358 (0)50 378 9641

Best regards,

ISRH conference team in Ruralia Institute